

Outdoor Soccer Rules and Regulations:

Participation Regulations:

All participating teams and players in the Outdoor Soccer League must be officially registered with the Intramural Program and must be a registered student. Teams are prohibited from allowing players to play who have not registered or are not a student, and will forfeit any game when this occurs. Adding players throughout the season is allowed; however the intramural coordinator must be notified before that player participates. Lastly, all player additions must be done before the date posted on the website.

League Rules:

1. 8 player maximum on the field at one time including keeper
 - a. A minimum of 1 player on the field must be female
 - b. If a team does not have 1 female, they must play 1 player down). This can be negotiated with the opposing team prior to the game starting; however the opposing team always has the right to make those players sit.
2. A team can compete with 6 players (including the goalie), but no less than 6
3. Only the most obvious of offside calls will be made, as only 1 referee calls the game. Because of this, we ask teams to not rely on offside calls whatsoever.

** Aside from the above rules, all regular soccer rules and regulations are in effect. **

Gear:

1. No player is permitted to wear cleats with metal studs.
2. All players are required to wear shin guards.
3. We strongly encourage teams to wear matching coloured shirts, or get some jerseys!!